



MEDICATIONS TO AVOID BEFORE SURGERY & COSMETIC PROCEDURES

- Baby Aspirin!
- Any Aspirin containing product, even if it is “just a small amount”; SEE MORE COMPLETE LIST OF ASPIRIN RELATED DRUGS

- Vitamin E (a multivitamin is ok, but larger doses tend to thin the blood)
- Ginko Biloba
- Coumadin
- Prednisone
- Garlic Capsules
- Alcohol
- Nicotine

Aspirin or Aspirin related drugs

These instructions are to be followed before and after your surgery. For a two week period prior to and after the scheduled date of your surgery. Please do not take any medication that contains aspirin or aspirin-related products, such as ibuprofen (Motrin, Advil) as an ingredient.

Aspirin has an effect on your blood's ability to clot and could increase your tendency to bleed or bruise at the time of surgery and during the postoperative period. Please check the labels of all medications that you take, even those available without a prescription, to make sure you are not taking any aspirin or aspirin like substances.

Please consult your physician before stopping any prescribed medication.